PRESENTATION FILE

CIE MONAD | MARCH 2023

THE TEAM

Monad is a juggling and dance company created in 2018
by Van-Kim Tran and Cyrille Humen.

Van-Kim Tran | Juggler and dancer

A graduate in engineering, and self-taught juggler, Van-Kim trained at the Lomme circus school.
He has professionally practiced contemporary dance, buto and dervish dance, with Carolyn Carlson, Jean-Daniel Fricker and Ziya Azazi. For a few years, he has studied tai ji at the Qīxīng Taïjī Tāo Temple.
He wrote a contact juggling and buto solo "Solstice" in 2014. Until 2017, he was part of the company **Defracto**, with whom he wrote the show "Dystonie".

Cyrille Humen | Juggler and dancer

A self-taught juggler and dancer, Cyrille's juggling is notably physical and acrobatic.
In 2016, with Van-Kim, they organized and participated in a self-managed training and juggling workshop series with the Faaac (Alternative and self-managed program for circus arts).
After performing his pieces around the world, he now works with the circus company, **Acrojou** (England) beginning with their creation in 2018.

Eric Longequel | Director

Awarded the silver medal at the "Festival Mondial du Cirque de Demain", Eric is a founding member of the company **Ea Eo**, with which he created "M2" and "All the Fun". With the company **Defracto**, he wrote "Flaque". Since 2016, he has worked with **Jay Gilligan** on "How to Welcome the Aliens", the show which will be performed when aliens land on Earth.
He has contributed as a director to the performances "Dystonie" (**Defracto**), "Loop" (**Stoptoï**) and "I have no legs, I have wings" (**Tau**).
In 2018, he has received the SACD juggling creation award.

Production manager : Clémence Tonfoni
Production and tour manager : Céline Sin - Since Production
Graphic designer : Romain Marguaritte
Photographe : Emmanuelle Tricoire

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A juggling & dance duo
Rolling balls, whirling bodies

Quadrifrontal | 25 min
Inside or outside show | For day or night time
Premieres in April 2019 - Festival Rencontre des jonglages
For all audiences

"Everything starts by a Yin moment..."

Yin

In this performance, we will contradict ourselves
We will seek to make the invisible visible,
To share what's happening inside with the outside.
We will make silence resonate
and share a taste of eternity in less than an hour.
Bodies will constantly turn.
And yet, at times, they will be still.
In this duet, we will be three.
Juggling will be present.

SYNOPSIS

Two men come on stage with electronic music in the background. The music becomes faster and they put away the last pieces of everyday life they came with. They start to juggle with fluidity and skill, their bodies and the objects moving as one. They start to whirl like dervish dancers at an increasing speed. Their skirts raise, their movements becomes intense. In a state of extreme awareness, the two performers looks for an inner balance between juggling, dance, the audience and the music. Little by little, the audience enters a state of being close to hypnosis. They can internally feel the rotation until a festive final which bring them back from trance to everyday life.

WRITING PROCESS

Our dramaturgy evolves progressively. Each new choreographic element is a surprise for the audience and a shift in the narration: whirling bodies, acceleration, the ball appearing...

INTENTION

This piece is based on the complementarity of our practices and the contrast between our two bodies. Circles and rotation movement are the core of Cyrille Humen's juggling. Van-Kim Tran has practiced tai ji and whirling for a few years. We both do contact juggling. When the ball rolls to one another, we exchange energy through the object, the materialization of chi.
Whirling is a traditional way to access trance. We embody a modern and performative version of it. We reach a state of mind which is close to trance without surrendering to it. We stay in an awareness state, at the limit between control and surrender.
When we whirl, a new force appears, a centrifugal force. By using it, we develop a unique style of juggling, where the object is projected outwards. There is no more front, back, left and right. Only the axis. and the projection. Whirling allows the audience the opportunity to access potentially unseen perspectives, such as the back or the profile of the body. Moreover, they can experience it in a dynamic way, perceiving the shift from invisible to visible, disappearing and reappearing.

SHARING OUR EXPERIENCE

With experience teaching more than fifty workshops, Van-Kim is managing the outreach projects related to the show. Our workshops and performances are for everyone, amateur and professionals, of all levels. It is important for our company to share our experience in dance and juggling. We propose to each person to take part experimenting in our creation process, alternative relationships to the body, the object and the imagination. Here are some examples of previous workshops:
- Introduction to whirling
- How to create a juggling act?
- Body & objects - How to improvise juggling?

INTRODUCTION TEXT

In this performance of juggling and dance, two bodies whirl.
They will bring you in a modern trance, their choreography setting
the rhythm of the hypnosis.

CALENDAR 2023

13 May : Théâtre du Val d'Osne (Saint-Maurice, France)
3 June : Temps Danse Festival - 2R2C (Paris, France)
8 June : Déantibulations Festival (Antibes, France)
10-11 June : Temps Fort Arts du Cirque Festival - Ay-Roop (Rennes, France)
25 June : Roots Open Air Festival (Amsterdam, Netherlands)
27 June : KoresponDance Festival (Prague, Czech Republic)
12 July : Le Citron Jaune (Port-Saint-Louis, France)
15-16 July : KoresponDance Festival (Zdár nad Sázavou, Czech Republic)
15-19 August : ReRiga Festival (Riga, Latvia)
1-3 September : Tutti Matti per Colorno Festival (Colorno, Italy)
30 November - 1st December : Leme Festival (Santa Maria do Feira, Portugal)

MONAD

PRODUCERS AND PARTNERSHIPS

La Maison des Jonglages, Scène Conventionnée La Courneuve, France | La Cité du Cirque, Pôle régional des arts du cirque, Le Mans, France | Collectif des possibles, Wesserling, France | Flowspace, Emeryville, U.S.

Production/administration
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Trailer
https://vimeo.com/312691439